

Step Therapy Criteria
Sanford Health Plan
Effective: 03/01/2026

ACTINIC KERATOSIS - SCORE

Products Affected

- Diclofenac Sodium GEL 3%

Details

Criteria	Trial of either topical fluorouracil or topical imiquimod
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ANTIDEPRESSANTS - SCORE

Products Affected

- Auvelity
- Emsam
- Exxua
- Exxua Titration Pack
- Fetzima
- Fetzima Titration Pack

Details

Criteria	Trial of two generics of the following formulary products: bupropion, mirtazapine, citalopram (tablet or solution), desvenlafaxine succinate ER, duloxetine, escitalopram, fluoxetine, fluvoxamine, paroxetine, sertraline, venlafaxine hydrochloride. Approve for continuation of prior therapy.
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ATYPICAL ANTIPSYCHOTICS - SCORE

Products Affected

- Fanapt
- Fanapt Titration Pack A
- Fanapt Titration Pack B
- Fanapt Titration Pack C
- Lybalvi
- Secuado

Details

Criteria	Trial of two of the following oral generic formulary atypical antipsychotic agents: asenapine, aripiprazole, olanzapine, paliperidone, quetiapine, risperidone, ziprasidone. Approve for continuation of prior therapy.
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INVEGA HAFYERA THERAPY - SCORE

Products Affected

- Invega Hafyera

Details

Criteria	Trial of one of the following: Invega Sustenna or Invega Trinza. Step applies to new starts only. Approve for continuation of prior therapy.
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RELISTOR - SCORE

Products Affected

- Relistor

Details

Criteria	Trial of lubiprostone, Constulose, Enulose, Generlac, or lactulose
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RYTARY - SCORE

Products Affected

- Rytary

Details

Criteria	Trial of one generic carbidopa/levodopa containing formulation
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ZONISADE SUSPENSION - SCORE

Products Affected

- Zonisade

Details

Criteria	Trial of generic zonisamide capsule. Step applies to new starts only. Approve for continuation of prior therapy.
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Index Of Drugs

A	
Actinic Keratosis - Score.....	1
Antidepressants - Score.....	2
Atypical Antipsychotics - Score.....	3
Auvelity.....	2
D	
Diclofenac Sodium.....	1
E	
Emsam.....	2
Exxua.....	2
Exxua Titration Pack.....	2
F	
Fanapt.....	3
Fanapt Titration Pack A.....	3
Fanapt Titration Pack B.....	3
Fanapt Titration Pack C.....	3
Fetzima.....	2
Fetzima Titration Pack.....	2
I	
Invega Hafyera.....	4
Invega Hafyera Therapy - Score.....	4
L	
Lybalvi.....	3
R	
Relistor.....	5
Relistor - Score.....	5
Rytary.....	6
Rytary - Score.....	6
S	
Secuado.....	3
Z	
Zonisade.....	7
Zonisade Suspension - Score.....	7