

Exhibit 1: MODEL INDIVIDUAL ENROLLMENT REQUEST FORM TO ENROLL IN A MEDICARE ADVANTAGE PLAN (PART C)

Who can use this form?

People with Medicare who want to join a Medicare Advantage Plan

To join a plan, you must:

- Be a United States citizen or be lawfully present in the U.S.
- Live in the plan's service area

Important: To join a Medicare Advantage Plan, you must also have both:

- Medicare Part A (Hospital Insurance)
- Medicare Part B (Medical Insurance)

When do I use this form?

You can join a plan:

- Between October 15–December 7 each year (for coverage starting January 1)
- Within 3 months of first getting Medicare
- In certain situations where you're allowed to join or switch plans

Visit Medicare.gov to learn more about when you can sign up for a plan.

What do I need to complete this form?

- Your Medicare Number (the number on your red, white, and blue Medicare card)
- Your permanent address and phone number

Note: You must complete all items in Section 1. The items in Section 2 are optional — you can't be denied coverage because you don't fill them out.

Reminders:

- If you want to join a plan during fall open enrollment (October 15–December 7), the plan must get your completed form by December 7.
- Your plan will send you a bill for the plan's premium. You can choose to sign up to have your premium payments deducted from your bank account or your monthly Social Security (or Railroad Retirement Board) benefit.

What happens next?

Send your completed and signed form to:

Great Plains Medicare Advantage
P.O. Box 91110
Sioux Falls, SD 57109-1110

Once they process your request to join, they'll contact you.

How do I get help with this form?

Call Great Plains Medicare Advantage at 1-877-492-5189. TTY users can call 711.

Or, call Medicare at 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.

En español: Llame a Great Plains Medicare Advantage al 1-877-492-5189/TTY 711 o a Medicare gratis al 1-800-633-4227 y oprima el 8 para asistencia en español y un representante estará disponible para asistirle.

Individuals experiencing homelessness

- If you want to join a plan but have no permanent residence, a Post Office Box, an address of a shelter or clinic, or the address where you receive mail (e.g., social security checks) may be considered your permanent residence address.

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-1378. The time required to complete this information is estimated to average 20 minutes per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have any comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

IMPORTANT

Do not send this form or any items with your personal information (such as claims, payments, medical records, etc.) to the PRA Reports Clearance Office. Any items we get that aren't about how to improve this form or its collection burden (outlined in OMB 0938-1378) will be destroyed. It will not be kept, reviewed, or forwarded to the plan. See "What happens next?" on this page to send your completed form to the plan.

2026 Enrollment Request – Medicare Advantage I-SNP HMO Plans

FOR OFFICE USE ONLY			
Member ID no.	Effective date (m/d/y)	Election period individual is enrolling in: <input type="checkbox"/> AEP <input type="checkbox"/> SEP <input type="checkbox"/> ICEP <input type="checkbox"/> IEP <input type="checkbox"/> OEPI	
FOR STAFF/AGENT/BROKER USE ONLY			
Name of staff member/agent/broker (if assisted in enrollment)		Agent number	First received date (m/d/y)
Check (✓) one: <input type="checkbox"/> Seminar/webinar attendee <input type="checkbox"/> Walk-in <input type="checkbox"/> Phone consult <input type="checkbox"/> Call center <input type="checkbox"/> Scheduled appointment			
Section 1 - All fields on this page are required (unless marked optional)			
<p>Check (✓) box of the plan you want to enroll in:</p> <p><input type="checkbox"/> Great Plains Medicare Advantage (HMO I-SNP) <input type="checkbox"/> SD & IA \$12.00 <input type="checkbox"/> ND \$41.50 <input type="checkbox"/> NE \$33.90</p> <p><input type="checkbox"/> Great Plains Medicare Advantage Gold (HMO I-SNP) <input type="checkbox"/> SD & IA \$72.00 <input type="checkbox"/> ND \$72.00 <input type="checkbox"/> NE \$73.00</p> <p>If you get Extra Help from Medicare, your monthly plan premium will be lower than what it would be if you didn't get Extra Help from Medicare. Depending on your level of Extra Help, your premium may be anywhere between \$0 and \$73.00. If you are full-dual eligible, with Extra Help, your premium would be \$0.</p>			
FIRST name		LAST name	
		Middle initial (optional)	
Birthdate (mm/dd/yyyy)		Sex:	
____/____/____		<input type="checkbox"/> Male <input type="checkbox"/> Female	
Phone		Alternate phone	
(____) ____-____		(____) ____-____	
Permanent residence street address (Do not enter a P.O. Box. NOTE: For individuals experiencing homelessness, a P.O. Box may be considered your permanent residence address.)			
City	County (optional)	State	ZIP Code
Mailing address, if different from your permanent address (P.O. Box allowed)			
Street address	City	State	ZIP code
Emergency contact name (optional)		Relationship to you	Phone

Your Medicare Information

Medicare number _____ - _____ - _____

Hospital (Part A) effective date _____ Medical (Part B) effective date _____

Attestation of eligibility for an enrollment period

Typically, you may enroll in a Medicare Advantage plan only during the annual enrollment period from October 15 through December 7 of each year. There are exceptions that may allow you to enroll in a Medicare Advantage plan outside of this period.

Read the following statements carefully and check (✓) the box if the statement applies to you. By checking any of the following boxes you are certifying that, to the best of your knowledge, you are eligible for an enrollment period. If we later determine that this information is incorrect, you may be disenrolled.

- | | |
|--|--|
| <input type="checkbox"/> I am new to Medicare. | <input type="checkbox"/> I have Medicare and get full Medicaid benefits. I want to join or switch to a plan that coordinates coverage between my Medicare and Medicaid managed care plans [called an integrated Dual Eligible Special Needs Plan (D-SNP)]. |
| <input type="checkbox"/> I had Medicare before, but I am now turning 65. | <input type="checkbox"/> I am moving into, live in, or recently moved out of a long-term care facility (for example, a nursing home or long-term care facility). I moved/will move into/out of the facility on (insert date) ____ / ____ / ____. |
| <input type="checkbox"/> I already have Hospital (Part A) and recently signed up for Medical (Part B). I want to join a Medicare Advantage plan. | <input type="checkbox"/> I recently left a PACE program on (insert date) ____ / ____ / ____. |
| <input type="checkbox"/> I am enrolled in a Medicare Advantage plan and want to make a change during the Medicare Advantage Open Enrollment Period (MA OEP). | <input type="checkbox"/> I recently involuntarily lost my creditable prescription drug coverage (coverage as good as Medicare's). I lost my drug coverage on (insert date) ____ / ____ / ____. |
| <input type="checkbox"/> I am new to Medicare, and I was notified about getting Medicare after my Part A and/or Part B coverage started. I was notified of getting Medicare on (insert date) ____ / ____ / ____. | <input type="checkbox"/> I am leaving employer or union coverage on (insert date) ____ / ____ / ____. |
| <input type="checkbox"/> I recently moved outside of the service area for my current plan or I recently moved and have new options available to me. I moved on (insert date) ____ / ____ / ____. | <input type="checkbox"/> I am in a qualified State Pharmaceutical Assistance Program or I am losing help from a State Pharmaceutical Assistance Program. |
| <input type="checkbox"/> I recently was released from incarceration. I was released on (insert date) ____ / ____ / ____. | <input type="checkbox"/> My plan is ending its contract with Medicare or Medicare is ending its contract with my plan. |
| <input type="checkbox"/> I recently returned to the United States after living permanently outside of the U.S. I returned to the U.S. on (insert date) ____ / ____ / ____. | <input type="checkbox"/> I was enrolled in a plan by Medicare (or my state) and I want to choose a different plan. My enrollment in that plan started on (insert date) ____ / ____ / ____. |
| <input type="checkbox"/> I recently obtained lawful presence status in the United States. I got this status on (insert date) ____ / ____ / ____. | <input type="checkbox"/> I was enrolled in a Special Needs Plan (SNP) but I have lost the special needs qualification required to be in that plan. I was disenrolled from the SNP on (insert date) ____ / ____ / ____. |
| <input type="checkbox"/> I recently had a change in my Medicaid (newly got Medicaid, had a change in level of Medicaid assistance or lost Medicaid) on (insert date) ____ / ____ / ____. | <input type="checkbox"/> I was affected by an emergency or major disaster as declared by the Federal Emergency Management Agency (FEMA) or by a federal, state or local government entity. One of the other statements here applied to me, but I was unable to make my enrollment request because of the disaster. |
| <input type="checkbox"/> I recently had a change in my Extra Help paying for Medicare prescription drug coverage (newly got Extra Help, had a change in the level of Extra Help or lost Extra Help) on (insert date) ____ / ____ / ____. | |

Attestation of eligibility for an enrollment period (continued)

☐ I am in a plan that was recently taken over by the state because of financial issues. I want to switch to another plan.

☐ I am in a plan that has had a star rating of less than 3 stars for the last three years. I want to join a plan with a star rating of 3 stars or higher.

If none of these statements applies to you or you are not sure, contact Great Plains Medicare Advantage at 1-877-492-5189 (TTY users should call 711) to see if you are eligible to enroll. We are open 7 days a week, 8 a.m. to 8 p.m., from Oct. 1 – March 31; and Monday through Friday, 8 a.m. to 8 p.m., from April 1 – Sept. 30.

Answer these important questions

1. Will you have other prescription drug coverage (like employer coverage, VA, TRICARE or state pharmaceutical assistance programs) in addition to your Medicare Advantage plan: ☐ Yes ☐ No
Name of other coverage _____ Member number for this coverage _____ Group number for this coverage _____

2. Are you enrolled in your state Medicaid program: ☐ Yes ☐ No

If yes, please provide your Medicaid number _____

3. Are you a resident of or expect to be a resident of a long-term care facility (LTC) or an assisted living facility (ALF) in Great Plains Medicare Advantage network for more than 90 days?

☐ Yes ☐ No

IF YES, please fill out the facility information below:

Name of facility _____

Street address _____

City _____ State _____ ZIP _____

Phone _____

IMPORTANT: Read and sign on the top of page 4

- I must keep both Hospital (Part A) and Medical (Part B) to stay in Great Plains Medicare Advantage.
- By joining this Medicare Advantage plan, I acknowledge that Great Plains Medicare Advantage will share my information with Medicare, who may use it to track my enrollment, to make payments and for other purposes allowed by federal law that authorize the collection of this information (see Privacy Act Statement below).
- I understand that my response to this form is voluntary. However, failure to respond may affect enrollment in the plan.
- I understand that I can be enrolled in only one MA or Part D plan at a time – and that enrollment in this plan will automatically end my enrollment in another MA or Part D plan (exceptions apply for MA PFFS, MA MSA plans).
- I understand that when my Great Plains Medicare Advantage coverage begins, I must get all of my medical and prescription drug benefits from Great Plains Medicare Advantage. Benefits and services provided by Great Plains Medicare Advantage and contained in my Great Plains Medicare Advantage "Evidence of Coverage" document (also known as a member contract or subscriber agreement) will be covered. Neither Medicare nor Great Plains Medicare Advantage will pay for benefits or services that are not covered.
- The information on this enrollment form is correct to the best of my knowledge. I understand that if I intentionally provide false information on this form, I will be disenrolled from the plan.
- I understand that my signature (or the signature of the person legally authorized to act on my behalf) on this application means that I have read and understand the contents of this application. If signed by an authorized representative (as described above), this signature certifies that: 1) This person is authorized under state law to complete this enrollment, and 2) Documentation of this authority is available upon request by Medicare.

Please retain a copy of this form for your records.	
Signature _____	Today's date (m/d/y) _____
<p>If you are the authorized representative, sign above and fill out these fields:</p> <p>Name _____</p> <p>Address _____</p> <p>Phone (_____) _____ - _____</p> <p>Relationship to enrollee:</p> <p><input type="checkbox"/> Power of Attorney Durable/Financial <input type="checkbox"/> Guardian of Estate/Conservator</p>	
<p>Name of person helping enrollee fill out form</p> <p>Name _____ Signature _____</p> <p><input type="checkbox"/> Agent <input type="checkbox"/> Broker <input type="checkbox"/> SHIP counselor <input type="checkbox"/> Other (third party)</p>	
Section 2 – All fields in this section are optional	
Answering these questions is your choice. You cannot be denied coverage because you do not fill them out.	
<p>Check (✓) one if you want us to send you information in a language other than English:</p> <p><input type="checkbox"/> Spanish <input type="checkbox"/> German <input type="checkbox"/> Other _____</p>	
<p>Check (✓) one if you want us to send you information in an accessible format:</p> <p><input type="checkbox"/> Braille <input type="checkbox"/> Large print <input type="checkbox"/> Audio CD <input type="checkbox"/> Data CD</p>	
<p>Contact Great Plains Medicare Advantage at 1-877-492-5189 if you need information in an accessible format other than what is listed above. Our office hours are 7 days a week, 8 a.m. to 8 p.m., Oct. 1 – March 31; and Monday through Friday, 8 a.m. to 8 p.m., April 1 – Sept. 30. TTY users can call 711.</p>	
<p>Do you work: <input type="checkbox"/> Yes <input type="checkbox"/> No Does your spouse work: <input type="checkbox"/> Yes <input type="checkbox"/> No</p>	
<p>List your primary care physician (PCP), clinic or health center:</p> <p>Physician first/last name _____</p> <p>Clinic/health center _____</p>	
<p><input type="checkbox"/> Phone <input type="checkbox"/> Cell <input type="checkbox"/> Home</p> <p>(_____) _____ - _____</p> <p>Optional:</p> <p><input type="checkbox"/> By checking (✓) this box, I agree to receiving plan communication via text messages.</p> <p>Optional:</p> <p>Email _____</p> <p><input type="checkbox"/> By checking (✓) this box, I agree to receiving plan materials via email.</p>	
<p>Once your coverage is effective, you can sign up for your secure member portal at greatplainsmedicareadvantage.com. On the portal you can select to receive plan communications electronically.</p>	

Paying your plan premiums

To pay your monthly plan premium (including any late enrollment penalty that you currently have or may owe), select a premium payment option:

- ☐ Get a bill
- ☐ Automatic premium deduction each month from bank account (To choose this option, complete the Automatic Premium Payment Plan form.)
- ☐ Automatic premium deduction each month by credit or debit card (After your enrollment has been processed, a Great Plains Medicare Advantage representative will contact you to assist in setting up your credit or debit card payments.)
- ☐ Automatic deduction from your monthly Social Security or Railroad Retirement Board (RRB) benefit check I get monthly benefits from: ☐ Social Security ☐ RRB

Notice of Nondiscrimination/Limited English Proficiency Language Services

Great Plains Medicare Advantage is an HMO I-SNP plan with a Medicare contract. Enrollment in Great Plains Medicare Advantage depends on contract renewal. Enrollment in these plans depends on contract renewal. Sanford Health complies with applicable federal civil rights laws and does not discriminate, exclude or treat people differently on the basis of race, color, national origin, religion, pregnancy and related conditions, sex (including sexual orientation, gender identity, sex stereotypes, sex characteristics and intersex traits), age, disability, health status, marital status, arrest or conviction record or military participation in the administration of the plan, including enrollment and benefit determinations.

English: Free interpretation services are available to you. Additional services and resources necessary to provide information on accessible formats are also available at no cost. Call 1-877-492-5189 (TTY 711) or speak with your healthcare provider.

Spanish: ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. También están disponibles de forma gratuita ayuda y servicios auxiliares apropiados para proporcionar información en formatos accesibles. Llame al 1-877-492-5189 (TTY 711) o hable con su proveedor.

German: ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachassistentendienste zur Verfügung. Entsprechende Hilfsmittel und Dienste zur Bereitstellung von Informationen in barrierefreien Formaten stehen ebenfalls kostenlos zur Verfügung. Rufen Sie 1-877-492-5189 (TTY 711) an oder sprechen Sie mit Ihrem Provider.

Large print – If you require materials in large print, please call 1-877-492-5189 (TTY 711).

PRIVACY ACT STATEMENT

The Centers for Medicare & Medicaid Services (CMS) collects information from Medicare plans to track beneficiary enrollment in Medicare Advantage (MA) or Prescription Drug Plans (PDP), improve care, and for the payment of Medicare benefits. Sections 1851 and 1860D-1 of the Social Security Act and 42 CFR §§ 422.50, 422.60, 423.30 and 423.32 authorize the collection of this information. CMS may use, disclose and exchange enrollment data from Medicare beneficiaries as specified in the System of Records Notice (SORN) "Medicare Advantage Prescription Drug (MARx)", System No. 09-70-0588. Your response to this form is voluntary. However, failure to respond may affect enrollment in the plan.